



U.S. Department of Veterans Affairs



September is Suicide Prevention Month. As it gets closer, let people know that preventing suicide starts with one simple act: Be There.

### Share a Message of Support

Sign up to donate a tweet or Facebook post this Suicide Prevention Month to show Veterans and Service members you care. On Sept. 1, your post will appear with thousands of others in a unified message of support.

**SIGN UP**

Make it your own! Add a custom message



**Be there for Veterans**  
Sept. is #SuicidePreventionMonth. Learn how you can #BeThere for Veterans & Servicemembers [VeteransCrisisLine.net/BeThere](http://thindr.me/kQxjs)  
<http://thindr.me/kQxjs>

We will post this one-time message to your account on September 01 at 12:00PM EDT.



### Check Out Our New Video

Watch and share our new video, "Be There," to learn how actions that may seem small can have a big impact on someone going through a hard time.

**WATCH NOW**

### Download Social Media Content

Visit our Partner Outreach Hub for content that you can use in your newsletter or on your blog, as well as ready-to-use Facebook posts and tweets with images that you can share on your social media platforms.

**DOWNLOAD CONTENT**



Stay tuned for the official start of Suicide Prevention Month and the debut of additional resources on Sept. 1.



Both Veterans and Service members can access support if they are in crisis — using the Veterans Crisis Line and Military Crisis Line. Learn more about the support available for Service members and Guard or Reserve members at [MilitaryCrisisLine.net](http://MilitaryCrisisLine.net).