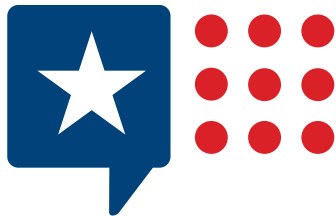
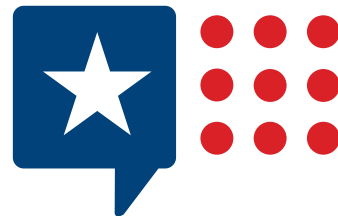


**Please take a card, learn more
about this lifesaving resource,
and share it with others.**

**Veterans
Crisis Line**



**Military
Crisis Line**



1-800-273-8255 PRESS 1

Confidential chat at [VeteransCrisisLine.net](https://www.VeteransCrisisLine.net) or text to **838255**

**Confidential support 24 hours a day, 7 days a week, 365 days
a year for Veterans, Service members, and their families.**



U.S. Department
of Veterans Affairs

**Thank you for helping raise awareness of the
Veterans Crisis Line.**

**To request more wallet cards, please contact your local VA
Suicide Prevention Coordinator:**

Suicide Prevention Coordinator

Phone Number: _____

Email Address: _____

**For more information about local resources, visit the
Veterans Health Administration locator:**

www.VeteransCrisisLine.net/GetHelp/ResourceLocator.aspx